

# MÜNCH

## SANDWICHES

<b>ham</b> .....	15.00
ham, apple butter, cream cheese, gruyere, dressed mustard greens on baguette.	
<b>dill turkey</b> .....	15.00
smoked turkey breast, dill mayo, dill pickles, crunchy dill slaw, havarti cheese on marble rye.	
<b>roast beef</b> .....	15.00
za'atar roast beef, mama lil peppers, horseradish mayo, cheddar cheese on baguette.	
<b>buffalo chicken</b> .....	16.00
legs slow cooked in duck fat, buffalo sauce, spicy pimento cheese, celery & fennel slaw, alabama white sauce on olive oil panino.	
<b>meatball</b> .....	17.00
beef & pork meatballs, marinara sauce, mozzarella, parmesan on a hoagie.	
<b>roasted squash</b> .....	13.00
delicata squash, berbere rubbed kale, creamy black lime spread, chili crisp, maple on olive oil panino.	
<b>togna bologna</b> .....	10.00
fried mortadella, provolone, garlic aioli on a toasty bun.	

## OTHER THINGS

<b>carrot &amp; ginger soup (v)</b> .....	6.00
creamy carrot and ginger broth, morrocan spices, coconut milk.	
<b>caesar salad</b> .....	5   12
crispy romaine, croutons, parmesan, creamy munch caesar dressing.	
<b>squash &amp; apple salad</b> .....	6   15
mixed greens, delicata squash, queso fresco, toasted pumpkin seeds, sherry vinaigrette, granny smith apple.	
<b>munch potato salad</b> .....	3   6   11
creamy & chunky potatoes, cucumber, scallion, cilantro, dill, mayo, crispy fried shallots .	
<b>mac salad</b> .....	3   6   11
bacon, alabama white sauce, fresh herbs	

\* consuming raw or undercooked meats or eggs may increase your risk of food-borne illness.

**SWEET THINGS**

- chocolate chip cookie** . . . . . 4.00
- brownie** . . . . . 5.00

**KIDS**

- grilled cheese** . . . . . 6.70  
melty cheddar, & smoked gouda on toasty bread.
- peanut butter and jelly** . . . . . 5.00
- the kian** . . . . . 8.67  
peanut butter and munch honey fluff on milk bread.
- baby ball** . . . . . 3.00  
one munch meatball with parmesan.

**BEVERAGES**

- mexican coke. . . . . 3.25
- mexican sprite. . . . . 3.25
- gale's root beer. . . . . 3.50
- sidral mundet apple soda. . . . . 2.75
- sprecher orange dream soda (16 oz.) . . . . . 4.99
- stubborn vanilla cream soda. . . . . 2.99
- high tide sparkling water (cherry lime). . . . . 2.75
- high tide sparkling water (passion fruit). . . . . 2.75
- saratoga sparkling water . . . . . 2.99
- gold peak sweet tea . . . . . 3.99
- tractor lemonade. . . . . 3.75
- open water canned still water. . . . . 2.25
- health-ade kombucha, passionfruit-tangerine. . . . . 3.50



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