

MÜNCH

SANDWICHES

ham	15.00
ham, apple butter, cream cheese, gruyere, dressed mustard greens on baguette.	
dill turkey	15.00
smoked turkey breast, dill mayo, dill pickles, crunchy dill slaw, havarti cheese on marble rye.	
roast beef	16.00
za'atar roast beef, mama lil peppers, horseradish mayo, cheddar cheese on baguette.	
buffalo chicken	16.00
legs slow cooked in duck fat, buffalo sauce, spicy pimento cheese, celery & fennel slaw, alabama white sauce on olive oil panino.	
meatball	17.00
beef & pork meatballs, marinara sauce, mozzarella, parmesan on a hoagie.	
togna bologna	10.00
fried mortadella, provolone, garlic aioli on a toasty bun.	

OTHER THINGS

caesar salad	5 12
crispy romaine, croutons, parmesan, creamy munch caesar dressing.	
orange blossom salad	6 15
local mixed greens, feta, roasted virginia roasted hazelnuts, chayote, fresh herbs, orange blossom dressing.	
munch potato salad	3 6 11
japanese style, kennebec potatoes, cucumber, scallion, cilantro, dill, mayo, crispy fried shallots .	
mac salad	3 6 11
bacon, alabama white sauce, fresh herbs.	

limited offer

crab cake sandwich	22.00
jumbo lump crab, tartar sauce, crunchy dill slaw on a toasty brioche bun.	
BLT	13.50
local heirloom tomatoes, smokey bacon, romaine, herbs, garlic aioli, on white bread.	

*consuming raw or undercooked meats or eggs may increase your risk of food-borne illness.

SWEET THINGS

chocolate chip cookie. 5.00

brownie.5.00

KIDS

grilled cheese. 6.70
melty cheddar, & smoked gouda on toasty
bread.

peanut butter and jelly 5.00

baby ball. 3.00
one munch meatball with parmesan.

BEVERAGES

mexican coke.3.25
mexican sprite.3.25
gale's root beer.3.50
sidral mundet apple soda.2.75
stubborn vanilla cream soda.2.99
high tide sparkling water (cherry lime).2.75
high tide sparkling water (passion fruit).2.75
shine water, strawberry - lemon3.00
saratoga sparkling water2.99
gold peak sweet tea3.99
tractor lemonade.3.75

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