

MÜNCH

SANDWICHES

- ham**15.00
ham, apple butter, cream cheese, gruyere, dressed
mustard greens on baguette.
- dill turkey**15.00
smoked turkey breast, dill mayo, dill pickles, crunchy dill
slaw, havarti cheese on marble rye.
- roast beef**16.00
za'atar roast beef, mama lil peppers, horseradish mayo,
cheddar cheese on baguette.
- buffalo chicken** 16.00
legs slow cooked in duck fat, buffalo sauce, spicy pimento
cheese, celery & fennel slaw, alabama white sauce on olive
oil panino.
- meatball**17.00
beef & pork meatballs, marinara sauce, mozzarella,
parmesan on a hoagie.
- üüü-mami** 15.00
roasted asparagus & melty mushroom cheese (think
pimento cheese, but with mushrooms and flavorful spring
things) on sourdough.
- togna bologna** 10.00
fried mortadella, provolone, garlic aioli on a toasty bun.

OTHER THINGS

- spanish garlic and bread soup** 6
- caesar salad** 5 | 12
crispy romaine, croutons, parmesan, creamy munch
caesar dressing.
- spring things salad** 6 | 15
mixed greens, strawberries, radish, feta, rye crumble,
candied walnuts, citrus vinaigrette.
- munch potato salad** 3 | 6 | 11
japanese style, kennebec potatoes, cucumber, scallion,
cilantro, dill, mayo, crispy fried shallots .
- mac salad** 3 | 6 | 11
bacon, alabama white sauce, fresh herbs.

limited offer

- lamb meatball**16.00
tender lamb meatballs, whipped feta, spicy tahini, onion,
cilantro on brioche bun.

* consuming raw or undercooked meats or eggs may increase your risk of food-borne illness.

SWEET THINGS

chocolate chip cookie	5.00
brownie	5.00

KIDS

grilled cheese	6.70
melty cheddar, & smoked gouda on toasty bread.	
peanut butter and jelly	5.00
the kian	8.67
peanut butter and munch honey fluff on milk bread.	
baby ball	3.00
one munch meatball with parmesan.	

BEVERAGES

mexican coke	3.25
mexican sprite	3.25
gale's root beer	3.50
sidral mundet apple soda	2.75
stubborn vanilla cream soda	2.99
high tide sparkling water (cherry lime)	2.75
high tide sparkling water (passion fruit)	2.75
shine water, strawberry - lemon	3.00
saratoga sparkling water	2.99
gold peak sweet tea	3.99
tractor lemonade	3.75



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